

# PROSSER SCHOOL DISTRICT

## LUNCH MENU

January 2018

Lunch Prices:    Reduced \$0.40    Reg Elem \$2.70    Reg HMS/PHS \$3.00    Adult \$4.25  
                          Milk Alacarte \$0.65

Mon, Jan 1  No School Winter Break	Tues, Jan 2  No School Winter Break	Wed, Jan 3 Hamburger on a Whole Wheat Bun Baby Bakers Carroteenies/Chick Peas Applesauce	Thurs, Jan 4 Cheese Ravioli Whole Kernel Corn Green Beans Red Peppers/Beets Pears Whole Wheat Roll	Fri, Jan 5 Pizza Romaine Salad Mix Cauliflower/Broccoli Low Fat Ranch Dressing Pineapple
Mon, Jan 8 Hamburger on a Whole Wheat Bun Oven Baked Fries Kidney Beans Carroteenies Fruit Cup	Tues, Jan 9 Beef Teriyaki Dippers Whole Grain Brown Rice Sweet Red Peppers Low Fat Ranch Dressing Broccoli/Celery Banana	Wed, Jan 10 Beef Sloppy Joe Meat Whole Wheat Bun Sweet Potato Fries Chick Peas/Celery Stix Orange	Thurs Jan 11 Chicken Nuggets Mashed Potatoes/Gravy Beets/Carroteenies Whole Wheat Dinner Roll Peaches	Fri, Jan 12 Pizza Romaine Salad Mix Cucumbers Low Fat Ranch Dressing Apple Sidekicks
Mon, Jan 15  No School Martin Luther Day	Tues, Jan 16 Chicken Teriyaki Whole Grain Brown Rice Broccoli/Carroteenies Water Chestnuts Apple/Pineapple Pouch	Wed, Jan 17 Whole Grain Tac Shells Beef Crumbles Shredded Cheese/Lettuce Refried Beans Salsa Banana	Thurs, Jan 18 Lasagna Whole Wheat Roll Romaine Salad Mix Cherry Tomatoes/Broccoli Low Fat Ranch Dressing Mandarin Oranges	Fri, Jan 19 Chicken Nuggets Baby Bakers Chick Peas/Celery Sticks Fruit Cocktail Catsup Low Fat Ranch Dressing Cookie
Mon, Jan 22 Beef Dippers Whole Grain Brown Rice Broccoli/Whole Kernel Corn Carroteenies Low Fat Ranch Dressing Applesauce Cup	Tues, Jan 23 Cheese Ravioli Carroteenies/Celery Stixes Chick Peas Banana Cookie Packet	Wed, Jan 24 Beef Sloppy Joe Meat Whole Wheat Bun Green Beans Red Peppers/Carroteenies Apple	Thurs, Jan 25 Popcorn Chicken Mashed Potatoes/Gravy Beets/Broccoli Tropical Fruit Cookie Packet	Fri, Jan 26 Pulled Pork on a Whole Wheat Bun Oven Baked French Fries Chick Peas/Celery Stick Mustard/Catsup Peaches
Mon, Jan 29 Hamburger on a Whole Wheat Bun Oven Baked French Fries Cherry Tomatoes/Lettuce Catsup Fruit Cocktail	Tues, Jan 30 Lasagna Roll up Whole Kernel Corn Red Pepper/Celery Stick Sidekicks Cookie	Wed, Jan 31 Chili Corn Bread Broccoli Beets/Carroteenies Apple		

Daily Choice of Milk that is included with your meal is 1% White Milk or Non-Fat Chocolate Milk

This institution is an equal opportunity provider

Menu Subject to Change without Notice